

# Yordan's Invitational Championships Rules and Information

Upon registering all competitors receive a 3x5 card with their name to present to your center ref for staging – no card, no competing! Do not lose it!! See Master Yordan at the head table if you lose your card and we will confirm your registration.

## PLEASE REVIEW RULES WITH YOUR STUDENTS BEFORE THE EVENT

### Board Breaking Rules and Information:

- ☐ Breaking is **wood only** and boards will be for sale at the event on a first come, first serve basis.
- ☐ There is only 1 station (motion) for breaking. **Multiple position breaks must be broken at the same time.**
  - Here are some examples of valid multi-position breaks:
    - The competitor performs a side kick and a punch at the same time before landing.
    - The competitor performs an aerial break that hits multiple targets before they land.
  - Here are some examples of breaks that are **NOT valid:**
    - The competitor performs a side kick with one leg, pauses, and then turns to perform another kick at a different station. **THERE MUST NOT BE ANY PAUSES TO QUALIFY.**
- ☐ Scoring will be based on technique and preference awarded for breaking on the first attempt.
- ☐ Please provide your own holders if possible.

### Individual Patterns Rules and Information:

- ☐ Traditional or Open patterns allowed and scored on same point system
- ☐ Patterns performed that need a “re-start” will be scored on face value of performance and are deducted 1 point after completion for every restart at the scoring table, not by the officials in the ring.
- ☐ Black Belt Patterns will not be allowed to “re-start”.

### Sparring Rules and Information:

- ☐ All matches are scored on a point system and first person to 5 points within the time limit. Colored belts – 1 ½ minutes; Black Belts – 2 minutes. Overtime for sudden victory for matches that are tied within the time limit. Matches are set up using the standard “Bye” system.
- ☐ Sparring gear MUST consist of Vinyl dipped foam on Head, Hands, and Feet.
- ☐ Cloth shin / instep are not permissible as sole foot gear. They may be worn under for extra protection, but you must still have vinyl dipped foam gear over them. PLEASE INFORM YOUR STUDENTS.
- ☐ Hand gear must cover the entire hand. Cloth gear that only covers the back of the hand is not permissible.
- ☐ Sparring shoes such as “Ringstar” shoes, wrestling shoes, grappling shoes, are not permissible in sparring.
- ☐ Mouth guards for everyone are mandatory and groin protectors for males are mandatory.
- ☐ Light contact is permissible during sparring but not always mandatory. Black Belt level - controlled, light contact is preferred. Safety is most important.
- ☐ No trapping or grabbing, sweeping, or hitting illegal targets below the belt or to the back.
- ☐ No intentional contact to the face at any time. Excessive intentional or malicious contact will result in immediate disqualification and is at the discretion of the Director, Arbitrator, and center official.
- ☐ All techniques are worth 1 (one) point.

### Weapons Rules and Information:

- ☐ Any traditional weapon is welcome.
- ☐ Please make sure that your weapon is in working and safe condition.
- ☐ Black Belts that drop their weapon will not be scored.
- ☐ No slamming of weapon on the floor )i.e. – bo staff

**SEE REVERSE SIDE FOR BOARD BREAKING RULES**